



# SWIM LESSONS – All Ages

## Session June–July 2024

### WINDWARD YMCA

Welcome Center:  
808-261-0808

Aquatics Director: Morgan Brailo  
Direct Number: 808-262-1489  
mbrailo@ymcahonolulu.org

### REGISTRATION

Register online at [ymcahonolulu.org](http://ymcahonolulu.org) in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:  
[bit.ly/3LS5R67](http://bit.ly/3LS5R67)

### SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson Selector:  
[bit.ly/38QnrsJ](http://bit.ly/38QnrsJ)

### CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.

<b>Group Lessons</b> Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.		<b>Rate Per Class</b>	<b>Member Rate Per Class</b>
6 months to 12 years:	30-Minute Class	\$24.75	\$20
13 years +:	45-Minute Class	\$27.50	\$22
<b>Private Swim Lessons: 5 Class Package</b> <b>3 Years Old to Adults</b> Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.		<b>Rate Per 5-Class Package</b>	
		<b>30-Minute Classes</b>	<b>45-Minute Classes</b>
Individual: Five Classes		\$240 (\$48 per class)	\$320 (\$64 per class)
Buddy (2 Students): Five 30-Minute Classes		\$350 (\$70 per class)	\$475 (\$95 per class)

### Branch Private Lesson Schedule/Information

Please email Morgan Brailo at [mbrailo@ymcahonolulu.org](mailto:mbrailo@ymcahonolulu.org) or visit our website to submit a request form. All requests are reviewed in the order they are received.

# SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months

## PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/Thursdays	800a-830a; 830a-900a	6/4/24-6/27/24	N/A	\$162	\$202.50
Tuesdays/Thursdays	800a-830a; 830a-900a	7/2/24-7/30/24	7/4- Independence Day	\$126	\$157.50
Saturdays	940a-1010a; 11a-1130a	6/8/24-7/27/24	N/A	\$162	\$202.50
Sundays	12p-1230p; 120p-150p	6/9/24-7/28/24	N/A		

## Ages 3 to 5 Years Old

### SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Intensive Session I Mon, Wed, Fri	220p-250p; 340p-410p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	220p-250p; 340p-410p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	220p-250p; 340p-410p	7/15/24-7/31/24		\$160	\$198
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	6/8/24-7/27/24		\$160	\$198
	Sunday	12p-1230p; 120p-150p	6/9/24-7/28/24		\$160	\$198
	Intensive Session I Mon, Wed, Fri	220p-250p; 340p-410p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	220p-250p; 340p-410p	6/24/24-7/12/24		\$180	\$222.75
2/WATER MOVMENT: EEL	Intensive Session III Mon, Wed, Fri	220p-250p; 340p-410p	7/15/24-7/31/24		\$160	\$198
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	6/8/24-7/27/24		\$160	\$198
	Sunday	12p-1230p; 120p-150p	6/9/24-7/28/24		\$160	\$198
	Intensive Session I Mon, Wed, Fri	220p-250p; 340p-410p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	220p-250p; 340p-410p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	220p-250p; 340p-410p	7/15/24-7/31/24		\$160	\$198
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	6/8/24-7/27/24		\$160	\$198
3/WATER STAMINA: RAY	Sunday	12p-1230p; 120p-150p	6/9/24-7/28/24		\$160	\$198

## Ages 3 to 5 Years Old Cont.

### SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Intensive Session I Mon, Wed, Fri	220p-250p; 340p-410p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	220p-250p; 340p-410p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	220p-250p; 340p-410p	7/15/24-7/31/24		\$160	\$198
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	6/8/24-7/27/24		\$160	\$198
	Sunday	12p-1230p; 120p-150p	6/9/24-7/28/24		\$160	\$198

## Ages 6 to 12 Years Old

### SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198
	Sunday	1240p-110p			\$160	\$198
2/WATER MOVMENT: POLLIWOG	Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198
	Sunday	1240p-110p			\$160	\$198

## Ages 6 to 12 Years Old Cont.

### SWIM BASICS – LEVELS 1-3 CONT.

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
3/WATER STAMINA: GUPPY	Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
	Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198
	Sunday	1240p-110p			\$160	\$198

### SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee	
4/STROKE INTRODUCTION: MINNOW	Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75	
	Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75	
	Intensive Session III Mon, Wed, Fri	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198	
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198	
	Sunday	1240p-110p			\$160	\$198	
	5/STROKE DEVELOPMENT: FISH	Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
		Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
Intensive Session III Mon, Wed, Fri		3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198	
Saturday		9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198	
Sunday		1240p-110p			\$160	\$198	
6/STROKE MECHANICS: FLYING FISH		Intensive Session I Mon, Wed, Fri	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
		Intensive Session II Mon, Wed, Fri	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Intensive Session III Mon, Wed, Fri	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198	
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198	
	Sunday	1240p-110p			\$160	\$198	

## Ages 6 to 12 Years Old Cont.

### SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
7/ ENDURANCE, SPORTS AND GAMES: SHARK	Intensive Session I	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
	Mon, Wed, Fri					
	Intensive Session II	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Mon, Wed, Fri					
	Intensive Session III	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198
	Mon, Wed, Fri					
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198
Sunday	1240p-110p			\$160	\$198	
8/AQUATIC CONDITIONING: PORPOISE	Intensive Session I	3p-330p; 420p-450p	6/3/24-6/21/24		\$180	\$222.75
	Mon, Wed, Fri					
	Intensive Session II	3p-330p; 420p-450p	6/24/24-7/12/24		\$180	\$222.75
	Mon, Wed, Fri					
	Intensive Session III	3p-330p; 420p-450p	7/15/24-7/31/24		\$160	\$198
	Mon, Wed, Fri					
	Saturday	9a-930a; 1020-1050a	6/8/24-7/27/24		\$160	\$198
Sunday	1240p-110p			\$160	\$198	

### DAY CAMP SWIM LESSONS

#### 5-12 YEARS OLD

- Must be enrolled in summer day camp to register for these timeslots
- If child is in camp during the weeks of these lessons, child will be walked to and from day camp
- Please have child arrive with swim clothes to day camp

### YOUTH LEVELS 1-8

Session	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Intensive Session I	115P-145P	6/3/24-6/21/24		\$180	\$222.75
Mon, Wed, Fri	OR				
	145P-215P				
Intensive Session II	115P-145P	6/24/24- 7/12/24		\$180	\$222.75
Mon, Wed, Fri	OR				
	145P-215P				
Intensive Session III	115P-145P	7/15/24- 7/31/24		\$160	\$198
Mon, Wed, Fri	OR				
	145P-215P				

## TEEN/ADULT SWIM

### Ages 13 Years Old+

Days	Times	Session Dates	No Swim Dates	Member Fee	Non- Member Fee
Tuesdays/ Thursdays	6pm-645pm	6/4/24-6/27/24	N/A	\$176	\$220
Tuesdays/ Thursdays	6pm-645pm	7/2/24-7/30/24	7/4- Independence Day	\$176	\$220

Swim Team: Ages 6 to 18 Years Old Must be able swim 50 yards of Freestyle, Backstroke & Breaststroke. Payment is due by 1st of month.	Monthly Rate	Member Monthly Rate
COACH: [Kaela Silva], [808-262-1489], [ksilva@ymcahonolulu.org]	\$130	\$104

PRACTICE SCHEDULE: Monday/Wednesday/Friday [5pm-6pm] Saturday [8am-9am]

## SWIM TEAM

### Ages 6-18



Month	Session Dates	No Swim Dates
June	6/1/24-6/29/24	N/A
July	7/1/24-7/31/24	N/A