



Kapolei Elementary

91-119 Kamaaha Loop
Kapolei, HI 96707
ymcahonolulu.org

Program Hours

Monday-Friday

7am-5:30pm

Drop-Off: 7am-8am

Pick-Up: 4:30pm-5:30pm

Day Camp Site Phone Number

808-445-4267

Summer Day Camp Staff

Site Coordinator:

Ms. Ayme

Ms. Jasmine

Morning Staff

Youth Leaders:

Ms. Beauy

Afternoon Staff

Youth Leaders:

Mr. Mateo



LOST SOMETHING?

Please check our Lost and Found. Any items left at the end of program will be given to Donation.

Leeward Day Camp Newsletter

Week 2: June 10 - 14, 2024

Theme: Summer Stars

Dear Parents & Guardians,

Welcome to week 2 of our Summer Day Camp Program. This week we will be sharing and appreciating talents of all kinds. Get ready to show off your dance moves kiddos! Please see the backside for daily activities and reminders.

Are you ready for something new and fun? Sign up for our Kindergarten to 2nd grade sleepover on Friday, June 14. See staff for more details. We look forward to all the fun and new challenges.

If you have any questions or concerns please call our Day Camp Direct Line at 808-445-4267. Mahalo!



Need to Know

INCURSION/EXCURSION

See permission/waiver form for dates of each incursion/excursion. Participants **MUST** turn in a [permission release form](#).

NUT-FREE SNACKS

Please pack 2 or more snacks to last throughout the day.

ALLERGIES/MEDICAL CONDITION

Please let us know if your child has any allergies or medical conditions.

OUTDOOR SAFETY

Come prepared with sunscreen, bug repellent, covered shoes, and a hat. All groups will rotate outdoors throughout the day.

WATER BOTTLE

Must bring a hydro flask or water bottle. Water dispensers are available.

LUNCH

Please pack a lunch for your child every day. We do not have refrigeration or microwave available.

Just A Reminder

Absent?

Please call us at 808-445-4267 by 9:00 AM if your child will be absent from program. Please notify Day Camp immediately if you will be late. A \$5 late pick-up fee is charged for every 5 minutes beyond the closing time.

Pick-Up Procedures

All authorized people must present their valid ID and sign out their child; if a person is not on the authorization pick-up list or not phoned in by the parent, YMCA staff will not release the child until the parent has been contacted and approves the child's release.


If your child is experiencing a cough or any symptoms of illness, we will call for immediate pick-up.

WE ENCOURAGE PARTICIPANTS TO STAY HOME.

FACE MASKS are optional.



ACTIVITY SCHEDULE - SUBJECT TO CHANGE

Mon June 10	Tues June 11	Wed June 12	Thur June 13	Fri June 14
<p>MORNING Design Your Star on the Walk of Fame</p>  <p>AFTERNOON *Mental Health Curriculum (3rd - 6th grade) "The Heroic Journey" Shadow Stepping Stones *Kinder - 2nd Sleepover Reminder to sign up</p> 	<p>MORNING Group Story Change Three Things</p>  <p>AFTERNOON Galaxy Ball Invasion</p> 	<p>MORNING Color and Cut Star Puzzle</p> <p>AFTERNOON Movie: Sing</p>  	<p>MORNING Relay Race</p>  <p>AFTERNOON Open Mic Karaoke</p> 	<p>MORNING Field Trip! FIELD TRIP: CHUCK E. CHEESE</p> <p>AFTERNOON Head, Shoulder, Knees and Cone</p>  <p>KINDER-2ND GRADE SLEEPOVER June 14 - Drop Off 7PM June 15 - Pick Up 9AM</p>

HEROIC JOURNEY AT HOME

This week the children will learn how to understand others to work together. The topic is "Empathy." Check out what the Heroic Journey staff have to say:

[Parent Video](#)

bit.ly/3Rayh01



HAWAIIAN WORD OF THE WEEK

'Ike Pono

To feel, understand, and know.



KIDZLIT - BOOK OF THE WEEK

A Little Spot of Talent

BY: Diane Alber

Kids literature helps engage students with simple ideas and moral lessons of the book.



SUMMER PROMOTIONS

Join our free [Summer Bucket List Challenge](#) where completing just 20 activities could win you a grand prize of \$2000, along with weekly Y swag and Y Bucks. Open to the public—register online or visit any YMCA location and start your adventure with the whole family!



bit.ly/3KhpuWl



bit.ly/4azhJpE

Plus, [save \\$99 on new Y memberships](#) and enjoy up to 20% off camps, programs, and swim lessons, with free child watch while you work out, and 10% off personal training.

BENEFITS OF EXERCISE:

Just like adults regular exercise is extremely beneficial for children. Some of these benefits include:

- Maintaining a healthy body weight.
- Prevention of diseases such as Type 2 diabetes.
- Reduced stress levels.
- Sunscreen



The natural occurring pigments found in berries, called flavonoids, help to improve memory. Aim to eat 2 or more servings a week.



Green vegetables such as broccoli, spinach and collards are rich in vitamins like vitamin K, folate, and beta-carotene. Research shows plant-based foods can help to slow cognitive decline.