



**YMCA CAMP ERDMAN**  
 69-385 Farrington Hwy  
 Waiialua HI 96791  
 ymcahonolulu.org

**Summer Day Camp Staff**

Site Director

**Valerie Martinez**

Site Coordinator

**Glory De La Cruz**

Day Camp Counselors

**Eunchae, Hallie, Jack, Tarik**

**Program Hours**

**Monday-Friday**

8:30am- 4:30pm

**Drop-Off:** 8:30 am- 9am

**Pick-Up:** 4pm-4:30pm

**Day Camp Site Phone Number**

808-637-4615

**NEWS & PROMOTIONS**

**All-Inclusive Camp Erdman  
 Family Camp  
 Cabins & Yurts Open!**

- July 4th Family Camp
- Labor Day Family Camp
- September Adventure Family Camp

2 or 3 nite family camps include accommodations, all meals & camp activities [hiking, swimming, games, high rope challenges, camp fires ++], and lots of fun!

**Family Camp Details**



[bit.ly/459aJJT](http://bit.ly/459aJJT)

**Camp Erdman Day Camp Newsletter**  
 Week 3: June 17th-21st  
 Weekly Theme: Implicit Bias



**LET THE GOOD TIMES ROLL**

With 60 amazing campers joining us every week at Camp Erdman, good times and silliness are just bound to happen! Nothing has brought us greater joy than watching our youngest day campers compete in tug-o-war during battle challenge. Additionally, ending the week cooling down during our beach party by sliding down the slip-n-slide. Even though Summer does not officially begin until June 20th, we have been making the most out of every day since school has been out of session.

In alignment with our week's theme, camp is a place where all are celebrated regardless of age, gender, religious affiliations, socioeconomic background, or ethnicity. The burn-on bracelet our campers receive at the end of the week is also a testament to this. Everyone receives a fitted piece of p-cord around their wrist or ankle to always have a piece of camp with them everywhere they go. This souvenir seeks to remind our campers that we are connected to one another and that they will always be a part of camp no matter the time or distance apart.

We may all start as strangers on Monday morning, but life-long bonds are forged by Friday. Camp Erdman will always aim to be a safe space where all are accepted with the most extraordinary objective of all, to care about and have fun with one another. And boy, do we do it with style!

<b>WEEKLY ACTIVITY SCHEDULE</b>			
<b>Mon June 17th</b>	<b>Tues &amp; Wed June 18th &amp; 19th</b>	<b>Thurs June 20th</b>	<b>Fri June 21st</b>
<ul style="list-style-type: none"> <li>• Arrival</li> <li>• Name Games &amp; Ice Breakers</li> <li>• Opening Ceremony</li> <li>• Swim Test/ Swim</li> <li>• Rec Time</li> <li>• Lunch</li> <li>• Rest Period</li> <li>• Program Activity</li> <li>• Battle Challenge Initiations</li> <li>• Snacktime/Hangout</li> <li>• Departure</li> </ul>	<ul style="list-style-type: none"> <li>• Arrival</li> <li>• Morning Oli</li> <li>• Program Activity</li> <li>• Swim</li> <li>• Rec Time</li> <li>• Lunch</li> <li>• Rest Period</li> <li>• Program Activity</li> <li>• Battle Challenge Paint &amp; Play</li> <li>• Snacktime/Hangout</li> <li>• Departure</li> </ul>	<ul style="list-style-type: none"> <li>• Arrival</li> <li>• Morning Oli</li> <li>• Ropes/Human Foosball</li> <li>• Rec Time</li> <li>• Lunch</li> <li>• Rest Period/ Movie</li> <li>• Group Pictures</li> <li>• Battle Challenge Paint &amp; Play</li> <li>• Snacktime/Hangout</li> <li>• Departure</li> </ul>	<ul style="list-style-type: none"> <li>• Arrival</li> <li>• Morning Oli</li> <li>• Battle Challenge Paint</li> <li>• Battle Challenge Relay</li> <li>• Lunch</li> <li>• Burn On Bracelets &amp; Yearbook Signing</li> <li>• Belly Flop Friday</li> <li>• Beach Party</li> <li>• Awards/Snacktime/ Departure</li> </ul>

## IMPORTANT INFORMATION

- **DROP-OFF: 8:30am-9am** and **PICK-UP: 4pm-4:30pm**- If you will be dropping off or picking up your child(ren) outside of the times listed above, please notify us at **808-637-4615** so we can meet you curbside.
- **100% ID CHECKS** – For SAFETY purposes, please have your ID ready to present when picking up your child(ren).
- Please pack 2 snacks- one for AM and one for PM. We are a NUT-FREE program, please do not pack snacks containing nut products.
- Please send your child(ren) with a reusable water bottle.
- Swim Days: Monday-Wednesday from 9:30am-11:30am. Please send your child(ren) with sunscreen, a towel, extra clothes, a bag for extra clothes, closed toe shoes, and slippers on their swim day(s).

## DRESS FOR SUCCESS

In order to set the pace of having a more successful day at Day Camp, we strongly encourage having campers already dressed in their swimsuits underneath their regular clothes if possible during Monday-Wednesday morning drop-off. Rather than having our campers miss out on swimming time in the pool, coming ready to go allows them to maximize that time instead.

Additionally, closed-toe shoes are required in order to be able to participate in all the activities being offered. To maintain a high level of safety, Crocs and slippers are not permitted on the alpine tower or archery range. Mahalo for your kokua.

## DAILY PACKING LIST

- Water Bottle
- Closed-Toe Shoes
- Slippers for the pool
- Sunscreen
- Chapstick
- Bug Spray
- Hat
- Sunglasses
- Towel
- Change of Clothes
- Ziplock bag for wet bathing suit
- Snacks ( NUT FREE)
- Backpack/Bag to transport items



## CAMP ERDMAN GLOSSARY

- **Battle Challenge**- During Battle Challenge, the entire camp is divided into four teams: Akau, Hema, Hikina, & Komohana. Each team is led by a Battle Challenge Captain and engage in sports and games in a session-long battle. Campers remain in the same team from year to year.
  - *Akau*- land, mountains, green, north
  - *Hema*- water, ocean, blue, south
  - *Hikina*- sun, light, yellow, east
  - *Komohana*- fire, lava, red, west
- **Belly Flop Friday**- Campers vote for their favorite counselors to participate in a belly flop contest every Friday.
- **Burn on Bracelets**- It is tradition on the last day of each session that campers receive a burn-on bracelet. This bracelet represents the endless bond that campers have with Camp Erdman and one another. As campers return home to their communities and schools, they can always look at their wrist to remind them of the values learned and memories made at Camp Erdman. The bracelet is made by burning two ends of a p-cord together and then fitting around a camper's wrist.
- **Oli**- A chant or song-like way to honor ancestors and celebrate the beauty of land, water, and mountains.
- **Program Activity**- Structured and purposeful activities provided at Camp Erdman. Activities offered for Day Camp: nature, sports/gaga ball, mauka hike, archery, arts & crafts,
- **Ropes/ Foosball**—Regarding ropes, campers will be able to participate in our Alpine Tower. The Alpine Tower is a 50-foot tall, self-supporting structure that provides unique challenges and team-oriented experiences. We also provide giant human foosball, a life-sized version of the popular foosball game. Participants take on the roles of the foosball players and move side to side while holding onto ropes to kick a soccer ball into the opponent's goal.

## HEROIC JOURNEY IMPLICIT BIAS

This week, we will notice and understand hidden thoughts, feelings, and stereotypes that affect how we treat others. We will learn to be fair, kind, and open-minded.

[Parent Video](#)

[bit.ly/3wRTeWJ](https://bit.ly/3wRTeWJ)



## HAWAIIAN WORD OF THE WEEK Mālama

To nurture, protect, and care for.

## PROMOTIONS

Hiring youth leaders for up to \$19 per hour: get free YMCA membership, 60% off camps & childcare, paid training, & more!



[bit.ly/YMCAJobDetails](https://bit.ly/YMCAJobDetails)

Refer a new hire and earn \$250 in Y credits for camps, swim lessons, and more!



[bit.ly/4aU20kU](https://bit.ly/4aU20kU)

Watch or share this fun video!

Join our free [Summer Bucket List Challenge](#) where completing just 20 activities could win you a grand prize of \$2000, along with weekly Y swag and Y Bucks. Open to the public—register online or visit any YMCA location and start your adventure with the whole family!



[bit.ly/3KhpuWl](https://bit.ly/3KhpuWl)



[bit.ly/4azhJpE](https://bit.ly/4azhJpE)



Plus, [save \\$99 on new Y memberships](#) and enjoy up to 20% off camps, programs, and swim lessons, with free child watch while you work out, and 10% off personal training.