



Kapolei Elementary

91-119 Kamaaha Loop
Kapolei, HI 96707
ymcahonolulu.org

Program Hours

Monday-Friday

7am-5:30pm

Drop-Off: 7am-8am

Pick-Up: 4:30pm-5:30pm

Day Camp Site Phone Number

808-445-4267

Summer Day Camp Staff

Site Coordinator:

Ms. Ayme

Ms. Jasmine

Morning Staff

Youth Leaders:

Ms. Beauty

Afternoon Staff

Mr. Mateo

SUMMER PROMOTIONS

Join our free [Summer Bucket List Challenge](#) where completing just 20 activities could win you a grand prize of \$2000, along with weekly Y swag and Y Bucks. Open to the public—register online or visit any YMCA location and start your adventure with the whole family!



bit.ly/3KhpuWl



bit.ly/4azhJpE

Plus, [save \\$99 on new Y memberships](#) and enjoy up to 20% off camps, programs, and swim lessons, with free child watch while you work out, and 10% off personal training.

Kapolei Elementary Day Camp Newsletter

Week 3: June 17 – 21, 2024

Theme: Into the Wild

Dear Parents & Guardians,

Welcome to week 3 of our Summer Day Camp program. This week, we will explore our wild side with animal-inspired crafts and activities. We will also incorporate unique project activities such as outdoor fun, swimming, The Heroic Journey, and much more. Please see the backside for daily activities and reminders.

If you have any questions or concerns please call our Day Camp Direct Line at 808-445-4267. Mahalo!



Need to Know

INCURSION/EXCURSION

See permission/waiver form for dates of each incursion/excursion. Participants **MUST** turn in a [permission release form](#).

NUT-FREE SNACKS

Please pack 2 or more snacks to last throughout the day.

ALLERGIES/MEDICAL CONDITION

Please let us know if your child has any allergies or medical conditions.

OUTDOOR SAFETY

Come with sunscreen, bug repellent, covered shoes, and a hat. All groups will rotate outdoors throughout the day.

WATER BOTTLE

You'll need to bring a hydro flask or water bottle. Water dispensers are available.

LUNCH

Please pack a lunch for your child every day. We do not have refrigeration or microwave available.

Just A Reminder

Absent?

Please call us at 808-445-4267 by 9:00 AM if your child will be absent from program. Please notify Day Camp immediately if you will be late. A \$5 late pick-up fee is charged for every 5 minutes beyond the closing time.

Pick-Up Procedures









All authorized people must present their valid ID and sign out their child; if a person is not on the authorization pick-up list or not phoned in by the parent, YMCA staff will not release the child until the parent has been contacted and approves the child's release.

If your child is experiencing a cough or any symptoms of illness, we will call for immediate pickup.

WE ENCOURAGE PARTICIPANTS TO STAY HOME.

FACE MASKS are optional.

ACTIVITY SCHEDULE – SUBJECT TO CHANGE

Mon June 17	Tues June 18	Wed June 19	Thur June 20	Fri June 21
<p>MORNING Animal Masks</p>  <p>AFTERNOON *Mental Health Curriculum (3rd - 6th grade) "The Heroic Journey" I Spy: Cloud Edition</p>  	<p>MORNING Paper Planes</p> <p>AFTERNOON Animal Walk Relay</p> 	<p>MORNING Newspaper Zebra</p>  <p>AFTERNOON Fifty Yard Hop</p> 	<p>MORNING Animal Bookmarks</p>  <p>AFTERNOON Show and Tell: Favorite Stuffed Animal</p>	<p>MORNING MOVIE: The Wild</p> <p>AFTERNOON Four Square</p> 

HEROIC JOURNEY AT HOME

Implicit Bias

This week, we will notice and understand hidden thoughts, feelings, and stereotypes that affect how we treat others. We will learn to be fair, kind, and open-minded.

Watch Parent Video:

bit.ly/3wRTeWJ



HAWAIIAN WORD OF THE WEEK

Mālama -

To nurture, protect, and care for.

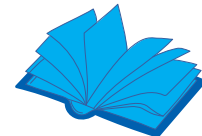


KIDZLIT – BOOK OF THE WEEK

Where the Wild Things Are

BY: Maurice Sedak

Kids' literature helps engage students with the book's simple ideas and moral lessons.



NOW HIRING!

Hiring youth leaders for up to \$19 per hour: get free YMCA membership, 60% off camps & childcare, paid training, & more!



bit.ly/YMCAJobDetails

Refer a new hire and earn \$250 in Y credits for camps, swim lessons, and more!



Watch or share this fun video!

bit.ly/4aU20ku

LIVE HEALTHIER

When you are trying to eat more together as a family, one of the greatest challenges can be to find quick, tasty meals that everyone likes.

That's what makes a Caesar Salad a great weekly option! At it's most basic, Caesar Salad is simplicity itself- tear up a head or two of Romaine lettuce, add shredded Parmesan, a few croutons, dressing, toss and serve! For added variety, add some grilled or baked chicken. YUM!



Kale Noteworthy Nutrients:

Lutein and Zeaxanthin
(Phytonutrients)

- Protect from sun damage.
- Reduce risk of cataracts and macular degeneration.