



LEEWARD YMCA
94-440 Mokuola St
Waipahu HI 96797
ymcahonolulu.org

Summer Day Camp Staff

Site Coordinator:

Ms. Moe (AM)
Ms. Crystal (PM)

Youth Leaders:

Morning Staff

Ms. Reani
Ms. Arien
Mr. Derrick
Ms. Justice
Mr. Jason
Ms. Cydney
Ms. Jeri (Support/Help)

Afternoon Staff

Mr. Hayes
Ms. Alyssa
Mr. Kody
Ms. Elaine
Ms. Anayha
Ms. Destiny
Ms. Aileen (Support/Help)

Program Hours

Monday-Friday
7am-5:30pm

CHECK- IN/ CURBSIDE DROP OFF

Please enter through Mokuola Street
(Behind Filcom Center)
Drop-Off: 7am-8am
Pick-Up: 4:30pm-5:30pm

Day Camp Site Phone Number

808-445-4268

ATTENTION SUMMER DAY CAMP FAMILIES!

Register to join us
for a free Family
Pickleball Lesson &
Play Session at our
Nu'uano Y on **Friday,**
July 26.



bit.ly/3LsUByI

All ages and abilities are welcome.
Bond with other Summer Day Camp
families while picking up a new
sport. Spots are limited - choose
from 3 time slots: 6 pm, 7 pm, or 8
pm. Pickleball racquets and
equipment provided.

Leeward Y Day Camp Newsletter

Week 8: July 22- 26, 2024

Theme: **UNDER THE SEA**



Aloha Parents & Guardians,

Welcome to the Leeward YMCA.

This week, we will discuss our theme, Under the Sea, in more detail. There are many subjects to discuss, but most importantly, we will talk about our coral reef. Be ready for an eventful week, and we will end it with a splash bash water day.

If you have any questions or concerns, please feel free to call or text our Day Camp Direct Line at
808-445-4268.

Mahalo!

Need to Know

INCURSION/EXCURSION

See permission/waiver form for dates of each incursion/excursion. Participants **MUST** turn in a permission release form.

NUT-FREE SNACKS

Please pack 2 or more snacks to last throughout the day.

ALLERGIES

/MEDICAL CONDITION

Please let us know if your child has any allergies or medical conditions.

OUTDOOR SAFETY

Come prepared with sunscreen, bug repellent, covered shoes, and a hat. All groups will rotate outdoors throughout the day.

WATER BOTTLE

Must bring a hydro flask or water bottle. Water dispensers are available.

REC SWIM

Please have participants in their swimwear upon arrival. Daily reminders will go out the day before.

MEALS

All participants must submit a completed signed form by the parent or guardian.
Lunch begins at 12 pm daily.

Just A Reminder

Absent?

Please call us at 808-445-4268 by 9:00 AM if your child will be absent from program. Please notify Day Camp immediately if you will be late. A \$5 late pick-up fee is charged for every 5 minutes beyond the closing time.

Pick-Up Procedures

All authorized people must present their valid ID and sign out their child; if a person is not on the authorization pick-up list or not phoned in by the parent, YMCA staff will not release the child until the parent has been contacted and approves the child's release.

If your child is experiencing a cough or any symptoms of illness, we will call for immediate pick-up.

WE ENCOURAGE PARTICIPANTS TO STAY HOME.

FACE MASKS are optional.

UNDER THE SEA

ACTIVITY SCHEDULE - SUBJECT TO CHANGE

Mon July 22	Tues July 23	Wed July 24	Thur July 25	Fri July 26
<p>MORNING</p> <p>Gr. K-2nd "Mother of Sharks" By: Melissa Cristina Marquez —Reading—View Points/ Diversity</p> <p>Introduction: Coral Biology (K- 2nd)</p>  <p>AFTERNOON</p> <p>Introduction: Coral Biology 3rd- 6th "The Heroic Journey" Mental Health Curriculum</p> 	<p>MORNING</p> <p>Gr. K-2nd "Mother of Sharks" By: Melissa Cristina Marquez —Developing Literacy/ Thinking Skills —Identify and discuss big ideas</p> <p>REC SWIM</p>  <p>Introduction PT. 2 Coral food Chain/ threats (K- 2nd)</p> <p>AFTERNOON</p> <p>Introduction PT. 2 Coral food Chain/ threats (3rd- 6th)</p> <p>FITNESS FUN</p> 	<p>MORNING</p> <p>Gr. K-2nd "Mother of Sharks" By: Melissa Cristina Marquez —Emotional Development</p> <p>Mini Event Coral Collages Mosaic Rice art</p>  <p>AFTERNOON</p> <p>"The Heroic Journey" Mental Health Curriculum</p>  <p>Mini Event Coral Collages Mosaic Rice art</p> 	<p>MORNING</p> <p>Gr. K-2nd "Mother of Sharks" By: Melissa Cristina Marquez —Assessment —Group Reflection Time</p> <p>Ocean Animal Coffee Filter Suncatcher</p>  <p>AFTERNOON</p> <p>FITNESS FUN</p>  	<p>MORNING</p> <p>INCURSION SPLASH BASH</p>  <p>AFTERNOON</p> <p>INCURSION SPLASH BASH</p> 
<p>Lunch: Beef Curry</p> <p>Whole Grain Pasta Mixed Vegetables Oranges</p>	<p>Lunch: Hoisin Chicken</p> <p>Brown Rice Prep, Kangkong/Ong Choy Fruit Cup</p>	<p>Lunch: Turkey Dogs</p> <p>Brown Rice Prep, Sweet Potato Meals Fruit Cup</p>	<p>Lunch: Butter Chicken</p> <p>Brown Rice Prep, Baby Choy Sum Banana</p>	<p>Lunch: Turkey Sloppy Joe</p> <p>Whole Grain Pasta Prep, Watercress Fruit Cup</p>

Lanakila Kitchen Lunch Menu - see staff for more information

"USDA is an equal opportunity provider and employer"

REC SWIM/ SAFETY AROUND WATER

PACK THE FOLLOWING:

- Swim Wear (NO COTTON MATERIAL)
- Plastic bag (for wet clothes)
- Towel
- Sunscreen
- Life jacket (if needed/ is provided)
- Extra change of clothes
- Hair tie (for hair that is longer than shoulder length)
- Goggles



INCURSION SPLASH BASH

PACK THE FOLLOWING:

- Swim Wear (NO COTTON MATERIAL)
- Plastic bag (for wet clothes)
- Towel
- Sunscreen
- Extra change of clothes



HEROIC JOURNEY AT HOME

Social Media - Funny VS Mean
This week, we'll talk about how to be nice online, promoting responsible and kind interactions. You'll learn what's funny versus what can hurt others' feelings and be harmful.

Parent Video

bit.ly/3XbGRiP



HAWAIIAN WORDS OF THE WEEK

Aloha: A way of life that expresses love, affection, and compassion

Maika'i: Wellness and good

KIDZLIT - BOOK OF THE WEEK

"MOTHER OF SHARKS"
BY: MELISSA CRISTINA

Kids' literature helps engage students with simple ideas and moral lessons of the book.

PROMOTIONS

Save \$99 on new Y Memberships!

Y Family Members enjoy free childwatch while yworking out; and up to 20% off programs, camps, and classes!



bit.ly/4azhJpE

Y Programs & Classes!

Art, Dance, Martial Arts, Sports, and more at the Y. Family members of the Y enjoy discounts of up to 20%!.



bit.ly/3Q49V71

LET'S GO CAMPING!

Overnight youth camp weeks are still available at Camp Erdman.



Camp Erdman Family Camps are all-inclusive!

bit.ly/CampErdman

You can also rent beachfront cabins or yurts!