



SWIM LESSONS – All Ages

Session January–March 2025

WINDWARD YMCA

Welcome Center:
808-261-0808

Aquatic Director: Morgan Brailo
Direct Number: 808-262-1489
mbrailo@ymcahonolulu.org

REGISTRATION

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:
bit.ly/3LS5R67

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson
Selector:
bit.ly/38QnrSJ

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.
- 6 Month to 12 Years: 30-Minute Class
- 13+ years: 45-Minute Class

Group Lessons Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.	Rate Per Class	Member Rate Per Class
6 months to 12 years: 30-Minute Class	\$26	\$21
13 years +: 45-Minute Class	\$29	\$24
Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.	Rate Per 5-Class Package	
	30-Minute Classes	45-Minute Classes
Individual: Five Classes	\$240 (\$48 per class)	\$320 (\$64 per class)
Buddy (2 Students): Five Classes	\$350 (\$70 per class)	\$475 (\$95 per class)

Branch Private Lesson Schedule/Information

Please email Morgan Brailo at mbrailo@ymcahonolulu.org or visit our website to submit a request form. All requests are reviewed in the order they are received.

Swim Team: Ages 6 to 18 Years Old Must be able swim 25 yards of Freestyle, Backstroke & Breaststroke, and 15 yards of Butterfly with simultaneous kick and arm action.	Monthly Member Rate	Monthly Non-Member Rate
COACH: Morgan Brailo	\$110	\$135

PRACTICE SCHEDULE: 5p-6p MONDAY/WEDNESDAY/FRIDAY; 8a-9a SATURDAY

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months

PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

Days	Times	Session Dates	Member Fee	Non-Member Fee
Tuesday/Thursday	8a-830a; 830a-9a	2/4/25-2/27/25	\$168 8 Classes	\$208 8 Classes
		3/4/25-3/27/25		
Saturday	940a-1010a; 11a-1130a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
Sunday	12p-1230p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes

Ages 3 to 5 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Sunday	12p-1230p; 120p-150p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	245p-315p; 355p-425p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	245p-315p; 355p-425p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	245p-315p; 355p-425p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	245p-315p; 355p-425p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	245p-315p; 355p-425p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
2/WATER MOVMENT: EEL	Sunday	12p-1230p; 120p-150p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	245p-315p; 355p-425p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	245p-315p; 355p-425p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	245p-315p; 355p-425p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	245p-315p; 355p-425p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	245p-315p; 355p-425p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

Ages 3 to 5 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
3/WATER STAMINA: RAY	Sunday	12p-1230p; 120p-150p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	245p-315p; 355p-425p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	245p-315p; 355p-425p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	245p-315p; 355p-425p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	245p-315p; 355p-425p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	245p-315p; 355p-425p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Sunday	12p-1230p; 120p-150p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	245p-315p; 355p-425p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	245p-315p; 355p-425p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	245p-315p; 355p-425p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	245p-315p; 355p-425p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	245p-315p; 355p-425p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

Ages 6 to 12 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
2/WATER MOVMENT: POLLIWOG	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
3/WATER STAMINA: GUPPY	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

Ages 6 to 12 Years Old

SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: MINNOW	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
5/STROKE DEVELOPMENT: FISH	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
6/STROKE MECHANICS: FLYING FISH	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

Ages 6 to 12 Years Old

SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	Member Fee	Non-Member Fee
7/ENDURANCE, SPORTS AND GAMES: SHARK	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes
8/AQUATIC CONDITIONING: PORPOISE	Sunday	1240p-110p	1/12/25-3/23/25	\$210 10 Classes	\$260 10 Classes
	Monday	320p-350p, 430p-5p	1/6/25-3/24/25	\$210 10 Classes	\$260 10 Classes
	Tuesday	320p-350p, 430p-5p	1/7/25-3/25/25	\$286 11 Classes	\$231 11 Classes
	Wednesday	320p-350p, 430p-5p	1/8/25-3/12/25	\$210 10 Classes	\$260 10 Classes
	Thursday	320p-350p, 430p-5p	1/9/25-3/27/25	\$286 11 Classes	\$231 11 Classes
	Friday	320p-350p, 430p-5p	1/10/25-3/28/25	\$286 11 Classes	\$231 11 Classes
	Saturday	9a-930a; 1020a-1050a	1/11/25-3/29/25	\$286 11 Classes	\$231 11 Classes

TEEN/ADULT SWIM Ages 13 Years Old+

Days	Times	Session Dates	Member Fee	Non-Member Fee
Tuesday/Thursday	6p-645p	1/7/25-1/30/25	\$192 8 Classes	\$232 8 Classes
		2/4/25-2/27/25		
		3/4/25-3/27/25		
Saturday	8a-845a	1/11/25-3/29/25	\$264 11 Classes	\$319 11 Classes

SWIM TEAM

Ages 6-18 Years Old



Month	Session Dates	No Swim Dates
January	1/6/25-1/31/25	N/A
February	2/1/25-2/28/25	2/17- President's Day
March	3/1/25-3/29/25	3/17-3/22- Spring Break; 3/26- Prince Kuhio Day

